



PUZZLE MADNESS

Daily Wordsearch Puzzle for Wednesday 30th September 2009

D	E	K	C	M	P	N	L	W	N	D	T	I	N	D	K	K	U	U
G	D	O	H	M	S	E	N	S	O	E	P	A	K	M	C	L	M	B
H	N	H	P	M	A	L	L	C	N	N	G	K	G	P	P	L	U	I
S	P	L	E	G	P	B	L	K	R	H	P	M	D	X	O	E	B	K
R	N	M	A	H	P	W	E	A	X	C	T	U	N	E	K	B	M	N
G	L	N	W	E	B	W	B	W	A	A	X	I	A	I	R	B	G	I
P	H	L	E	G	C	U	R	L	B	M	A	N	B	P	S	M	D	D
L	S	N	I	P	S	A	A	E	M	G	A	E	E	E	R	U	W	W
D	M	C	H	M	W	H	B	S	S	N	S	T	C	E	A	D	D	O
I	M	E	D	P	D	N	W	L	R	I	S	O	N	R	B	G	O	N
D	X	L	G	B	R	A	H	L	C	W	M	I	A	A	P	P	K	U
E	O	D	W	S	D	P	E	R	M	O	A	S	T	L	U	R	O	T
N	S	H	O	U	L	D	E	R	P	R	E	S	S	T	N	R	S	X
C	O	W	S	K	M	X	L	X	T	O	B	N	I	H	I	S	B	A
O	D	X	A	L	E	H	X	S	U	K	X	E	S	R	H	C	I	W
K	E	H	X	R	P	C	S	S	S	G	P	B	E	N	C	H	A	T
T	E	K	O	O	A	O	G	L	O	X	D	S	R	T	C	B	G	A
L	I	X	X	W	R	W	C	W	K	K	O	U	N	E	K	K	X	W
R	R	K	B	C	X	P	N	B	H	R	U	H	P	G	B	L	D	W
A	R	G	K	U	I	I	K	I	I	S	X	C	A	A	A	D	X	B

AB WHEEL
BEAMS
CROSS-TRAINER
LEG CURL
ROWING MACHNE
TREADMILL

BARBELL
BENCH
DUMB-BELL
MAT
SHOULDER PRESS

BARS
CHIN-UP BAR
EXERCISE BIKE
RESISTANCE BAND
STEP