



PUZZLE MADNESS

Daily Wordsearch Puzzle for Monday 30th September 2013

O	X	E	R	N	H	C	T	X	G	E	H	T	D	E	P	U	E	K
K	H	N	R	B	A	M	M	B	K	T	W	M	C	N	L	C	K	R
R	E	G	T	E	A	N	W	U	X	I	B	O	R	G	R	R	G	I
N	E	H	S	C	E	U	D	I	O	K	P	P	X	E	S	X	D	C
X	U	K	C	K	E	X	M	S	W	R	L	S	A	K	A	A	P	C
T	C	H	I	N	U	P	B	A	R	S	L	L	B	M	O	C	R	O
D	D	N	A	B	E	C	N	A	T	S	I	S	E	R	H	L	B	B
E	H	L	G	K	E	B	S	E	H	H	M	P	R	B	I	C	D	L
B	H	X	R	S	N	S	P	X	S	O	D	A	H	N	R	C	B	M
B	T	E	E	B	H	M	I	G	R	U	A	S	E	O	K	A	L	L
A	N	G	R	M	C	D	U	C	U	L	E	O	S	B	A	C	B	C
K	A	P	G	S	A	M	S	P	R	D	R	S	U	M	U	B	K	E
C	I	U	C	L	M	B	T	H	A	E	T	U	O	L	W	K	H	A
I	K	P	O	A	G	N	W	R	D	R	X	N	C	M	K	O	K	A
L	U	W	X	D	N	W	H	A	P	I	E	R	G	U	C	C	C	
O	D	A	G	W	I	U	I	I	E	R	D	U	P	S	E	X	G	A
P	B	L	P	X	W	O	N	L	L	E	B	B	M	U	D	L	B	W
P	A	I	C	W	O	E	G	T	C	S	L	A	S	S	A	D	P	I
N	T	G	B	D	R	W	A	N	I	S	W	P	L	H	C	C	O	P
K	B	O	M	A	M	E	W	X	P	W	H	O	N	C	G	R	A	R

AB WHEEL
BEAMS
CROSS-TRAINER
LEG CURL
ROWING MACHNE
TREADMILL

BARBELL
BENCH
DUMB-BELL
MAT
SHOULDER PRESS

BARS
CHIN-UP BAR
EXERCISE BIKE
RESISTANCE BAND
STEP