



PUZZLE MADNESS

Daily Wordsearch Puzzle for Monday 30th September 2019

S	S	H	P	C	I	B	H	X	B	S	G	S	E	K	O	H	E	O
P	D	A	N	H	S	T	N	H	B	D	S	M	X	C	E	D	N	H
U	W	A	B	U	S	X	P	X	X	E	X	M	E	N	O	S	N	D
W	B	T	U	C	E	R	X	E	T	M	I	C	R	T	S	C	A	T
X	W	C	D	D	R	U	M	N	T	L	E	G	C	U	R	L	E	W
T	W	P	W	T	P	E	I	H	A	S	E	D	I	O	S	B	P	W
D	B	U	I	E	R	S	K	C	R	D	O	U	S	M	A	E	B	L
U	D	N	A	B	E	C	N	A	T	S	I	S	E	R	S	N	N	A
N	R	T	D	T	D	I	B	M	R	O	T	M	B	I	S	C	S	C
T	K	G	H	S	L	P	L	G	E	R	X	E	I	L	B	H	R	T
S	W	B	M	N	U	R	E	N	A	T	L	U	K	U	X	B	B	G
S	T	E	L	N	O	L	U	I	D	L	U	S	E	X	O	O	M	H
A	A	I	I	B	H	E	N	W	M	N	H	S	L	G	C	N	H	D
I	N	H	U	B	S	E	K	O	I	U	E	A	U	I	K	E	E	G
K	C	N	U	B	R	H	W	R	L	L	E	B	B	M	U	D	I	M
X	I	N	H	E	T	W	T	D	L	A	S	P	C	M	R	A	I	M
H	M	D	D	W	M	B	A	G	U	T	H	I	W	G	A	P	H	K
W	C	H	K	W	H	A	S	B	I	B	G	M	W	W	E	I	B	N
H	G	C	G	M	K	P	T	L	U	H	U	D	E	U	R	P	D	L
C	L	D	U	A	B	L	M	D	D	G	G	R	K	A	W	K	I	T

AB WHEEL
BEAMS
CROSS-TRAINER
LEG CURL
ROWING MACHNE
TREADMILL

BARBELL
BENCH
DUMB-BELL
MAT
SHOULDER PRESS

BARS
CHIN-UP BAR
EXERCISE BIKE
RESISTANCE BAND
STEP