



PUZZLE MADNESS

Daily Wordsearch Puzzle for Sunday 8th October 2023

C	A	L	K	T	G	K	M	N	E	K	E	E	F	G	T	Y	A
L	B	R	K	E	B	L	B	J	L	V	A	O	R	S	N	E	K
C	K	K	C	T	E	L	U	N	V	S	E	Y	N	O	J	H	H
I	V	E	C	I	U	J	C	T	H	K	N	U	I	D	T	N	J
O	T	J	N	R	N	V	U	G	E	J	A	T	G	U	K	S	P
O	E	R	M	I	A	U	D	N	S	N	A	L	P	F	F	S	G
P	O	E	M	D	E	S	I	T	K	N	F	H	G	G	C	O	C
I	S	J	D	Y	N	L	H	T	I	F	I	R	Y	M	C	V	T
A	C	T	V	F	A	T	G	M	M	U	O	K	E	K	L	A	S
B	S	G	M	K	R	H	I	G	H	P	R	O	T	E	I	N	U
M	N	N	L	C	R	L	B	O	E	Y	S	F	D	A	K	N	K
G	K	A	U	M	E	K	M	E	Y	A	O	R	E	K	D	T	K
K	F	R	L	A	T	N	U	U	E	A	K	H	J	P	I	R	K
K	O	P	E	R	I	V	G	D	J	H	S	E	H	J	A	O	K
B	Y	E	A	V	D	E	S	A	J	S	G	H	I	S	V	R	Y
Y	P	U	O	S	E	G	A	B	B	A	C	B	V	L	R	D	G
B	T	R	E	L	M	A	P	H	F	D	H	H	F	P	S	Y	Y
V	E	K	R	O	L	N	T	T	L	D	H	U	N	U	J	V	A
U	K	O	L	K	J	G	G	M	J	Y	L	T	J	E	J	C	U

ALKALINE
CRASH
GLUTEN-FREE
HIGH-PROTEIN
JUNK FOOD
VEGAN

ATKINS
ELIMINATION
GRAPEFRUIT
INUIT
MEDITERRANEAN

CABBAGE SOUP
F-PLAN
HAY
JUICE
OMNIVORE