



PUZZLE MADNESS

Daily Wordsearch Puzzle for Tuesday 30th September 2025

K	K	G	H	W	S	O	X	X	E	T	H	P	U	I	A	X	H	E
H	L	M	A	B	R	G	L	I	A	C	E	S	B	A	L	C	B	O
K	M	A	B	C	D	H	A	G	N	C	X	L	C	N	N	I	H	H
N	E	K	W	E	C	H	L	N	S	H	X	B	C	I	H	P	T	K
S	H	X	H	T	R	E	A	D	M	I	L	L	E	T	E	A	T	A
D	P	P	E	C	K	R	G	R	D	N	T	U	R	T	N	P	G	T
D	S	S	E	R	P	R	E	D	L	U	O	H	S	U	H	X	A	A
D	P	A	L	K	C	O	C	N	P	P	N	U	O	K	C	W	R	I
U	O	H	S	I	T	I	N	A	I	B	U	A	D	I	A	G	O	I
H	S	N	P	C	W	G	S	B	G	A	R	I	T	M	M	U	E	O
O	L	B	I	W	B	G	O	E	E	R	R	R	N	D	G	O	O	L
W	M	L	R	S	P	G	P	C	B	N	X	T	A	M	N	X	S	H
L	N	K	M	O	L	A	E	N	X	I	C	G	S	W	I	K	M	N
X	G	M	K	R	X	W	E	A	U	A	K	H	W	S	W	X	R	H
O	N	U	A	P	D	S	R	T	S	T	D	E	B	A	O	P	U	G
H	I	E	H	U	M	D	C	S	H	M	O	C	E	O	R	R	T	N
N	C	G	L	I	X	U	O	I	M	C	R	O	W	T	X	D	C	B
D	E	O	A	A	A	C	M	S	R	A	B	K	D	L	C	M	G	K
A	L	C	D	U	M	B	B	E	L	L	E	B	R	A	B	G	M	C
R	N	O	D	M	A	O	H	R	G	I	P	B	H	T	I	U	G	L

AB WHEEL
BEAMS
CROSS-TRAINER
LEG CURL
ROWING MACHNE
TREADMILL

BARBELL
BENCH
DUMB-BELL
MAT
SHOULDER PRESS

BARS
CHIN-UP BAR
EXERCISE BIKE
RESISTANCE BAND
STEP